

amherst.ca



## Here's what's happening in our beautiful community, Amherst Nova Scotia!

What do you do when you have an egg factory, a bread factory, and you're surrounded by maple sugar woods? Have a French Toast Festival! Join us in Amherst from March 17-23 while local restaurants pull out all the stops to create delectable one of a kind, French toast creations in celebration of French Toast Fest!



### Participating Restaurants

- Abstract Coffee**
- Art of Eating Deli and Catering**
- Bliss Crystal Café**
- Breakfast at Brittney's**
- Portlander Jamaican Restaurant**
- The Elm Tree**
- The Old Warehouse Café and Lounge**
- Harvest Clean Eats**
- Johny's Java**

<h3>On the Lookout</h3>
International Women's Day March 8
March Break Activities, visit our Community Calendar on <a href="http://amherst.ca">amherst.ca</a>
International Day for the Elimination of Racial Discrimination March 21
March Council Meeting Monday March 24, 6:00 p.m.
International Transgender Day of Visibility March 31

## Community Support Grants

The Town of Amherst is currently accepting applications for its 2025-2026 Community Support Grants. The applications can be turned into Town Hall, 98 Victoria St. E., during regular business hours, or mailed to PO Box 516, Amherst, N.S., B4H 4A1.





## Amherst Stadium

### Walking Track

Please Note - Subject to change  
 Monday - Friday 7:00 a.m. - 9:00 p.m.  
 Weekends - 8:00 a.m. - 9:00 p.m.

### Free Skates

Here is what we offer!  
 Seniors & Adult Skates  
 Parent & Tots Skate  
 March Break Skates  
 Public Skating  
 After School Skating & Shiny



## THE RAMBLERS MAKE THE PLAY OFFS!

Before entering please know:

- Doors open 1 hour before game time.
- No backpacks allowed in facility.
- Smaller bags will be checked at the door.
- No external coffee cups allowed in the facility (Yeti's, Stanleys, etc...)
- The South side stairwell will only be accessible in case of emergency.
- Foul language will not be permitted and subject to ejection from the facility.

## March Break FREE Skates

### Monday, March 10th

Sensory Skate - 12:00 p.m. - 12:50 p.m.  
 Sensory Skate - 2:45 p.m. - 3:45 p.m.

### Tuesday, March 11th

Public Skate - 2:45 p.m. - 4:45 p.m.

### Wednesday, March 12th

Public Skate - 10:45 a.m. - 11:45 a.m.  
 Public Skate - 2:45 p.m. - 4:45 p.m.

### Thursday, March 13th

Public Skate - 12:00 p.m. - 12:50 p.m.  
 Public Skate - 2:45 p.m. - 3:45 p.m.

### Friday, March 14th

Public Skate - 12:00 p.m. - 12:50 p.m.  
 Public Skate - 2:45 p.m. - 3:45 p.m.



Nova Scotia Figure Skating Provincials  
 Hosted at our Amherst Stadium from  
 Friday February 28 - Sunday March 2.

Skate Fest  
 March 5th starting at 10:00 a.m.

Bates Merrill Hockey Tournament  
 Happening March 8th, 9th, & 10th



## RAMBLERS IN THE PLAY OFFS!

First round matchup with  
 the Truro Bearcats

March 15th - Truro @ Amherst 7:00pm

March 18th - Amherst @ Truro 7:00pm

March 21st - Truro @ Amherst 7:00pm

March 22nd - Amherst @ Truro 7:00pm

March 24th - Truro @ Amherst 7:00pm\*

March 27th - Amherst @ Truro 7:00pm\*

March 29th - Truro @ Amherst 7:00pm\*

\*if necessary