

MEDIA RELEASE

FOR IMMEDIATE RELEASE

MR# 2026007

DATE: April 27, 2026

RE: Amherst to Host 2027 Nova Scotia 55+ Games

AMHERST, Nova Scotia – The Town of Amherst is proud to announce that it will host the Nova Scotia 55+ Games in the fall of 2027, welcoming participants from across the province for a celebration of active living, recreation, and community.

Representatives from the Nova Scotia 55+ Games Society were in Amherst last week meeting with Town staff and local committee members as planning begins for the event. The Games are expected to bring hundreds of athletes, coaches, volunteers, and spectators to the community.

“We’re proud to welcome the 55+ Games to Amherst,” said Mayor Rob Small. “This is an exciting opportunity to showcase our community while promoting active, healthy lifestyles. We look forward to working with organizers and volunteers to deliver a memorable experience for participants and visitors alike.”

The Nova Scotia 55+ Games feature a wide range of recreational and competitive events, offering opportunities for adults aged 55 and older to stay active, connect with others, and compete in a fun and inclusive environment.

“Amherst is an ideal host community for the 55+ Games,” said Maurice Poirier, President of the Board, Nova Scotia 55+ Games. “The town’s strong sense of community, dedicated volunteers, and excellent facilities make it a great fit for this event. We’re excited to work together toward 2027.”

Additional details about the 2027 Nova Scotia 55+ Games, including event schedules, volunteer opportunities and more, will be shared on Town of Amherst and Nova Scotia 55+ Games channels as planning progresses.



Town of Amherst staff members, representatives from the Nova Scotia 55+ Games Society, and area representatives were on hand recently as planning begins for Amherst to host the 2027 Nova Scotia 55+ Games. Amherst Mayor Rob Small (left) is pictured with Nova Scotia 55+ Games Board President Maurice Poirier, Nova Scotia 55+ Games Amherst Director Terry Gilroy, Town of Amherst Active Living Coordinator Jessica Allen, YMCA of Cumberland HFA Centre Manager Laura Ashley Farrow, Municipality of Cumberland Mayor Rod Gilroy, and Municipality of Cumberland District 2 Councillor Anthony Fromm.

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