



African Heritage Month

Essay and Poster Contest

This year's African Heritage Month provincial theme, **Through Our Eyes: The Voices of African Nova Scotians**, recognizes the longstanding history of people of African Descent in the development of Canada. This theme explores and examines the effects of anti-Black racism, and honours the voices of African Nova Scotians who blazed the trail for change.

Contest Instructions and Rules

Essay Contest: Grades 7-12

Write a one-page essay that identifies an African Nova Scotian from Amherst who has or currently devotes their time working to improve civil rights, justice, and freedom for humankind.

- Must be a student in Amherst.
- All work must be typed and double-spaced so that it can be easily read.
- State the person being highlighted in the first sentence of paragraph 1.
- Students must include first and last name, grade, & school of attendance.
- All work must be written by the person submitting the entry.

Poster Contest: Grades P-6

Design a colourful poster that identifies an African Nova Scotian from Amherst who has or currently devotes their time working to improve civil rights, justice, and freedom for humankind.

- Must be a student in Amherst.
- Be creative and colorful.
- There is no size requirement. Utilize what you have at home.
- Have fun!
- Submissions must be the original artwork of the student submitting the entry.

The winners will be chosen by a panel of judges and the top two winners in each category will receive \$100 and have their essay/poster featured in February on the Town of Amherst website and social media.

- All submissions must be received by Feb. 4.
- Posters can be submitted by taking a photo of the design.
- Send submissions to awatson@amherst.ca



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