

WALKING TRACK GUIDELINES

VERSION 1.0 Approved By: _____ Date: _____

POINTS OF ENTRY, CONTROLLED ACCESS AND DIRECTION

1. Walkers will enter/exit through the South Side. Those in a wheel chair will enter/exit through front main doors.
2. Doors will open 5 minutes before start time.
3. There will be designated stairs for use

SCHEDULE AND GATHERING LIMITS

1. Current walking times will be Tuesday and Thursday 10:00am to 11:00am AND 1:30pm to 2:30pm.
2. Maximum number of walkers per session will be 10.

BOOKING

1. Individuals may book times by calling 902 667 3352 or info@amherst.ca
2. Bookings may be made up to one hour prior to the start time.
3. A name and phone number are required for contact tracing purposes.
4. A user can only book one walking session at a time. Once their session is completed, a user can book another session.
5. A user may book sessions for other people (names and phone numbers required at time of booking).
6. If elevator use is required, please indicate this at time of booking.

WALKING PROTOCOLS

1. Masks are mandatory when walkers enter the facility.
2. Masks are not required during the walking activity.
3. Social distancing is encouraged, but not required.
4. Passing is permissible and should occur on the right.
5. Direction of travel on the track will be marked.
6. Running is not permitted.
7. Walkers will not be permitted in the stands.
8. Seats will be positioned on 2nd level for use of the walkers.
9. Water fountain will not be available.
10. Washroom on 2nd level will be accessible.